

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 No School— Labor Day</p>	<p>3 Chicken Parmesan Sandwich or Chef Salad & Roll Potato Wedges Cucumber & Tomato Salad Fruit & Veggie Bar Milk Choice</p>	<p>4 Biscuit, Gravy & Sausage Patty or Sub Sandwich Hash Brown Patty Peas Fruit & Veggie Bar Milk Choice</p>	<p>5 Big Beef Soft Taco or Sub Sandwich Refried Beans Mexi Rice Fruit & Veggie Bar Milk Choice</p>	<p>6 Cheese Sticks & Marinara or <u>Sun Butter Bundle*</u> Roasted Potatoes Fruit & Veggie Bar Milk Choice</p>
<p>9 Chicken Crispito & Queso or Spicy Chicken on Bun Potato Wedges Black Bean & Corn Salsa Fruit & Veggie Bar Milk Choice</p>	<p>10 Cowboy Cavatini & Breadstick or Sub Sandwich & Chips Bell Pepper Strips Peas Fruit & Veggie Bar Milk Choice</p>	<p>11 Taco Soup or Sub Sandwich Tortilla Chips & Salsa Broccoli & Cheese Fruit & Veggie Bar Milk Choice</p>	<p>12 Chicken Nuggets & Roll or Sub Sandwich & Chips Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>13 Cheese Pizza or <u>Greek Plate**</u> <u>Curly Fries</u> Carrots & Celery Fruit & Veggie Bar Milk Choice</p>
<p>16 Sausage, Egg & Cheese on English Muffin or Hamburger on Bun Potato Wedges Sliced Tomatoes & Onions Fruit & Veggie Bar Milk Choice</p>	<p>17 Four Bean Chili or Sub Sandwich Tortilla Chips & Salsa Bell Pepper Strips Cinnamon Roll Fruit & Veggie Bar Milk Choice</p>	<p>18 Corn Dog or Sub Sandwich Tots Zucchini & Tomato Cookie Fruit & Veggie Bar Milk Choice</p>	<p>19 Country Steak Patty & Roll or Sub Sandwich & Chips Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>20 Cheese Ravioli & Marinara or Tuna Melt Carrots Steamed Broccoli Fruit & Veggie Bar Milk Choice</p>
<p>23 Chili Cheese Dog on Bun or Chef Salad & Roll Tots Pasta Salad Fruit & Veggie Bar Milk Choice</p>	<p>24 Chicken Fried Rice or Sub Sandwich & Wedges Edamame Fortune Cookie Fruit & Veggie Bar Milk Choice</p>	<p>25 Cowboy Cavatini or Sub Sandwich Black Eyed Pea Salad Bell Pepper Strips Fruit & Veggie Bar Milk Choice</p>	<p>26 BBQ Chicken Drumstick & Roll or Sub Sandwich & Chips Baked Beans Coleslaw Fruit & Veggie Bar Milk Choice</p>	<p>27 Stuffed Crust Cheese Pizza or Bean & Cheese Burrito Whole Grain Chips & Salsa Savory Brown Rice Fruit & Veggie Bar Milk Choice</p>
<p>30 French Toast, Sausage Patty & Yogurt or Hamburger on Bun Hash Brown Patty Seasoned Peas Fruit & Veggie Bar Milk Choice</p>	<p>* <u>Sun Butter Bundle</u> consists of Sun Butter Sandwich, String Cheese & Goldfish</p>	<p>**<u>Greek Plate</u> consists of Hummus, Tortilla Chips & Fresh Veggies</p>		<p>USDA is an Equal Opportunity Provider and Employer.</p>

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>USDA is an Equal Opportunity Provider and Employer.</p>	<p>1 Orange Chicken over Brown Rice or Sub Sandwich & Chips Carrots & Celery Fruit & Veggie Bar Milk Choice</p>	<p>2 Soft Beef Taco or Sub Sandwich Refried Beans Sliced Bell Peppers Fruit & Veggie Bar Milk Choice</p>	<p>3 Chicken Patty & Roll or Sub Sandwich Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>4 Fettuccini Alfredo & Breadstick or Sun Butter & Jelly Sandwich Broccoli Fruit & Veggie Bar Milk Choice</p>
<p>7 Chicken Quesadilla or Spicy Chicken on Bun Potato Wedges Spanish Rice Fruit & Veggie Bar Milk Choice</p>	<p>8 Chili or Sub Sandwich Tater Tots Cinnamon Roll Fruit & Veggie Bar Milk Choice</p>	<p>9 Pulled Pork on Bun or Sub Sandwich Whole Grain Chips Baked Beans Coleslaw Fruit & Veggie Bar Milk Choice</p>	<p>10 Chicken Parmesan over Spaghetti & Breadstick or Sub Sandwich & Chips Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>11 NO SCHOOL— Faculty In-Service</p>
<p>14 Bacon Cheeseburger on Bun or Corn Dog Potato Wedges Ranch Pasta with Veggies Fruit & Veggie Bar Milk Choice</p>	<p>15 Burrito Bowl** with Brown Rice or Sub Sandwich Chips & Salsa Mexi Corn Black Beans Fruit & Veggie Bar Milk Choice</p>	<p>16 White Chicken Chili or Sub Sandwich Kale Strawberry Salad Fruit & Veggie Bar Milk Choice</p>	<p>17 Country Steak & Roll or Sub Sandwich Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>18 NO SCHOOL— PARENT-TEACHER CONFERENCES</p>
<p>21 Chili Dog & Cheese on Bun or Sausage, Egg & Cheese on English Muffin Potato Wedges Cucumber, Tomato & Onion Salad Fruit & Veggie Bar Milk Choice</p>	<p>22 Biscuit & Gravy & Sausage Patty or Sub Sandwich Tater Tots Peas Fruit & Veggie Bar Milk Choice</p>	<p>23 Hot Ham & Cheese on Bun or Sub Sandwich Whole Grain Chips Carrots & Celery Fruit & Veggie Bar Milk Choice</p>	<p>24 Chicken Nuggets & Roll or Sub Sandwich Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>25 Cheese Pizza or Fish & Chips Potato Wedges Fruit & Veggie Bar Milk Choice</p>
<p>28 Pig in a Blanket or Grilled Chicken on Bun Potato Wedges Broccoli & Cheese Fruit & Veggie Bar Milk Choice</p>	<p>29 Chicken Wrap or Sub Sandwich Tater Tots Spanish Rice Corn Fruit & Veggie Bar Milk Choice</p>	<p>30 Taco Salad or Sub Sandwich Refried Beans Chips & Salsa Fruit & Veggie Bar Milk Choice</p>	<p>31 Meatloaf Balls & Roll or Sub Sandwich & Chips Mashed Potatoes & Gravy Green Beans Fruit & Veggie Bar Milk Choice</p>	<p>** Burrito Bowl consists of Ground Beef, Chicken & Cheese</p>