

OUTREACH MINISTRY ACTIVITIES MUST BE CHOSEN FROM THIS APPROVED LIST

The following activities are designed to provide a variety of experiences in service to the community, to the church and/or school, and to the family/neighbor. All students are required to complete 25 hours of outreach ministry each year according to the following guidelines. At least 19 of the hours must come from Categories A and B below; 6 hours (maximum) can come from Category C.

Category A: COMMUNITY

At least two activities must be chosen from this list for a minimum of 6 hours.

Meals on Wheels
Birthright
Ashby House
Retirement Center/Nursing Home Volunteer
Emergency Aid / Food Bank
DVACK
The Pregnancy Center
Salina Rescue Mission
Salina Regional Health Center Volunteer
Salina Public Library Volunteer
Catholic Charities
Big Brothers / Big Sisters
Any 'Volunteer Connection' activity

Junior Civitan Senior Prom
Mission Trips (labor)
Prayer & Action (labor)
Special Olympics Volunteer
DARE Camp Counselor
Youth Sports Assistant
Youth Camp Assistant
CYO-sponsored service projects
Any youth group service project
(w/ prior approval)
Salvation Army Bell Ringer
Relay for Life team chair
Relay for Life team member
River Festival Volunteer
American Red Cross Disaster Relief
American Red Cross Blood Donor
Community Access TV Production

Category B: CHURCH / SCHOOL

Activity/ies chosen from this approved list for a minimum of 3 hours.

Jr. CYO Camp Counselor
Bishop's Golf Tournament
SHHS Auction
Vacation Bible School Volunteer
Totus Tuus Daytime Volunteer
Debate/Forensics Tournament Volunteer
Graduation Breakfast Volunteer (juniors)
Catholic Charities Adopt-a-Family
SHHS Phone-a-Thon
St. Mary's School Carnival
Parish-sponsored special events (picnics/dinners)
SHHS-sponsored concession stands
SHHS Booster Club Activities
Nursery/Childcare Helper
Children's Liturgy Assistant
Camarena Scholarship work days
Liturgical Ministries @ Mass (school or parish)
Server – 1 hour
Cantor – 1 hour
Reader – ½ hour
Responsorial Psalm – ½ hour
Cross Bearer – ¼ hour
Petitions – ¼ hour
Gift Bearer – ¼ hour
Greeter – ¼ hour
Prayer @ Game – ¼ hour

Category C: FAMILY / NEIGHBOR

At least one activity for a **minimum of 1 hour** (**maximum of 6 hours**) for your family (immediate or extended) AND/OR people in your neighborhood, with explanation of why the activity was of benefit.

Projects other than those on this list of approved activities will be subject to the approval of the Outreach Ministry Committee. Hours earned beyond the required 25 can be applied toward the Outreach Ministry Letter (formerly known as "Service Letter").