



# SUMMER TEAM CAMPS AND OPEN GYMS FOR 2021

(Updated from 5/12/2021)

## **Summer Weights / Conditioning – Weight Room-- ALL LEVELS FOR WEIGHTS AND CONDITIONING ARE MONDAY, WEDNESDAY, & FRIDAY**

Strength Coach: Ryan Krajicek

June 7<sup>th</sup> through July 28<sup>th</sup>

High School Boys

6:00-7:45 a.m.

High School Girls and Junior High Girls

8:00 am to 9:15 am.

Junior High Boys

9:30-10:30

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## **High School Football Camp – On Campus**

Head Coach: Shane Richards

7 on 7 June 7th, 14th, 21st, July 5th and 12th

Little Knights football camp- June 7th, 8th,10th, 11th from 7-8 p.m.

High school football camp July 5th, 6th, 7th, 8th, 9th from 6:30-8:00 p.m.

High school football practice every Monday and Wednesday starting June: 7th, 9th, 14th, 16th, 21st, 23rd. And July: 5th, 7th, 12th, 14th. 7:00-8:00 p.m.

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## **Junior High Football**

Head Coach: Carl Hines

Team Camp:7:30-9 A.M. July 5th-9th

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## **High School Volleyball Open gyms and Camps:**

Head Coach: Chris Clark

Summer League: June 2nd, 9th, 16th, 23rd, July 7th: JV 5-7 p.m., Vars. 7-9 p.m. @ S. Middle & S. High

Team Camp: May 31st 6-9PM, June 1-4 7:30-10:30AM SHHS

Open Gym: Wednesday's 9:00am - 10:30am June 2nd - July 14th

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## **Junior High Volleyball:**

Head Coach: Dallas Froome

Summer League: 2:30-4:30 p.m. June 2nd, 9th, 16th, 23rd @ South Middle - Practice before 12:30-2 @SHHS (No practice on June 2nd because of camp)

Team Camp: May 31st 6-9PM, June 1-4 7:30-10:30AM SHHS

Open Gym: Monday June 7, 14, 21 @ SHHS 6-7:30pm

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## **High School Girls Basketball Summer Open Gyms and Camps:**

Head Girls Coach: Carl Hines

Open Gym: June 1st-June 29th Tuesdays and Thursdays 9:00-11:00 a.m.

Team Camp: June 1st- June 4th 1:00-3:00 P.M.

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## **Junior High Girls Basketball:**

Head Coach: Nate Lee (785-643-4416)

Team Camp: June 1st (Tues), 3rd (Thu), 4th (Fri), 6th (Sun) @ 3:30-5:30 P.M. @SHHS

Open Gym/Skill Work: June 8th to July 9th @ SHHS

- Tuesday's 4:00-5:15
- Friday's 12:00-1:30

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## **High School Boys Basketball:**

Head Coach: Brian Gormley

Team Camp: Monday, May 31 - Friday, June 4. Times and locations will vary and will be announced via Google Classroom.

Open Gym: Tuesday's June 8 to July 13, 7 pm to 9 pm @ SHHS Gym

Open Gym: Wednesdays, June 9<sup>th</sup> to July 14<sup>th</sup>, 7:45 am to 9:00 am @ SHHS Gym

Individual Workouts: are scheduled on a weekly basis and times are TBA. You must get on Google Classroom to schedule workouts. See Coach Gormley if interested.

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## **Junior High Boys Basketball:**

Head Coach: Dahx Marrs

Team Camp: Tuesday June 1 through Friday June 4 from 10:45 - 12:30 at SHHS

Skills sessions: 8:30 am-9:30 am on Mondays & Fridays@ SHHS (beginning June 7 - July 16)

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## **High School/Junior High Cross Country: Bill Burke Park (North End)**

Head Coach: Sara Lee/Jeanene Ehrlich

June 8<sup>th</sup>-July 29th Tuesday & Thursday Mornings from 6:30-7:30 am